

Six Thinking Hats

Study Guide

How to Use This Study Guide

The Study Guide for this course is designed to help you take notes as you're taking the online course "Six Thinking Hats". It is organized in sections that mirror the elements of the course, with plenty of room to make notes and capture your learning.

The use of the Study Guide is optional. Research shows that different people learn differently, and for many, the act of writing something down as you are learning helps to solidify the information in your brain. If you find the Study Guide helpful, use it. If not, feel free to omit it from your learning process.

Course Overview – Six Thinking Hats

This course will introduce you to a tool for effective individual and group thinking called the **Six Thinking Hats**.

By the end of the course you will understand what the Six Thinking Hats are and how to use them effectively. You will learn about thinking as a skill and how this method can help you to improve.

You will also have an opportunity to practice using the Six Thinking Hats and to reflect on how they support and enhance your thinking process.

Learning Objectives – Six Thinking Hats

By the end of this course, you will understand the following:

- Understand the overall Six Thinking Hats methodology
- Understand what each hat represents
- Discover how the Six Thinking Hats methodology improves the thinking process
- Learn 7 benefits to the Six Thinking Hats
- Consider 5 limitations to the Six Thinking Hats

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What are the Six Thinking Hats?

The Six Thinking Hats is a system of thinking designed to make the process of _____ more efficient.

How to Use the Six Thinking Hats Methodology

Understanding Each of the Six Hats

#	Hat	Notes
1	Yellow Hat	
2	Green Hat	
3	White Hat	
4	Red Hat	
5	Blue Hat	
6	Black Hat	

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Basic Method for Using the Six Thinking Hats

Adapting the Six Thinking Hats Sequence for Different Purposes

Practical Example

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Video Notes

Journaling Activity - How to Use the Six Thinking Hats Methodology

Why the Six Thinking Hats?

Thinking as a Skill

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Video Notes

Benefits and Limitations of the Six Thinking Hats

The Benefits

#	Way	Notes
1		
2		
3		
4		
5		
6		
7		

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The Limitations

Journaling Activity - Benefits and Limitations of the Six Thinking Hats

Discussion Questions

Discussion questions are used by workgroups who are taking courses concurrently and want to engage in a conversation about the course content. The use of discussion questions is optional.

1. How do you currently structure your thinking as a team when it comes to analyzing an issue or making a decision?
2. How do you think that the Six Thinking Hats might be helpful in your organization?
3. Which of the Six Thinking Hats are you most comfortable with and why do you think that is?
4. Which of the Six Thinking Hats do you feel less comfortable with and what might help?
5. What situations can you think of where the Six Thinking Hats could be used right away in your organization?